



Hope &  
Justice



More Than One

## FEBRUARY PROMPT: More Than One

How we identify ourselves (our race, culture, gender, sexual orientation, and more) matters. It can help us feel connected to others when we feel alone. It can be difficult to stand up for ourselves and others in the face of injustice if we feel alone or disconnected. We know that representation matters, not only in movies and on TV, but also in leadership positions and in many aspects of our lives. For this month's prompt, you're invited to share how you are "More Than One." Create art in any form that shares how you're living beyond limiting labels, how you find strength when you feel alone, and your hope for increased representation in the future.

**OPEN TO YOUTH** ages 12-25.

**PARTICIPANTS** are eligible to submit one entry per month.

**SUBMISSIONS ARE DUE** February 28, 2023.

**ALL ART FORMS ACCEPTED!** Poetry, original music, short films, visual art, TikToks, dance and more!

**WIN PRIZES!** Up to \$300 in Amazon gift cards.

### Here are some ideas:

- How does your identity and being "More Than One" help you to feel strong, empowered, inspired, or connected to others?
- When it comes to mental health, self-assigned labels or labels from other people can impact our happiness and well-being. Explore how labels impact your mental health, what you can do to make sure you're not limiting yourself, and how you strive to be "More Than One."
- With PRIDE month coming up in June, use this opportunity to educate people about the labels that are used by the LGBTQ+ community to express who they are. The truth is labels can be both helpful and hurtful, so share how we can use them carefully and correctly. Give examples of how to be an ally.
- How does seeing yourself reflected in leadership positions make you feel? Why does representation matter to you and how does it help make you a stronger person?